## Writing Social Stories





Identify the target behaviour, skill or event in the title e.g. "why do I have to stay at home?", "when I feel angry"

Focus on one behaviour, skill or event at a time and break it down in to simple steps.



Write in the first person, from the child's perspective.

There are four sentence types that can be used when writing Social Stories:

Descriptive Sentences -Truthful facts



- Thoughts, feelings and opinions
  - \* When I work hard at home my family and my teachers will be proud of me.

\* My name is \_\_\_\_ \* I am in class

\* Sometimes we eat out.

Directive Sentences -Identify a preferred appropriate response and gently direct behaviour

- \* I will try to .
- \* If I need a break, I can tell my teacher.



Affirmative Sentences Express a shared opinion and can be reassuring

- \* This is okay.
- \* This is very important.

Perspective Sentences -

\* This is a safe thing to do.





Keep it short and focused to maintain attention.





Keep language simple and positive.